LIVER CYTOCHROME P450-HYDROXYLATION SYSTEM OF TUMOR-BEARING RATS UNDER THE INFLUENCE OF ω -3 POLYUNSATURATED FATTY ACIDS AND VITAMIN D₃

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The study was performed to investigate the effects of the separate and combined action of omega-3 polyunsaturated fatty acids (ω -3 PUFAs) and vitamin D₃ on the activity of the components of the oxygenase and reductase chains of the monooxygenase system (MOS) in the microsomal fraction isolated from the liver of rats with transplanted Guerin carcinoma. In the liver of the tumor-bearing rats during the intensive growth of the tumor (14 days, which corresponds to the logarithmic phase of tumor growth), the functional activity of the MOS was weakened. N-demethylase, p-hydroxylase and NADPH-cytochrome P450 reductase activity decreased, with the simultaneous enhancement of cytochrome P450 inactivation rate due to its transformation into an inactive form, cytochrome P420. In turn, we found an increase in the functional activity of the reductase chain of MOS, which components are known to transfer electrons from the reduced NADH through NADH-cytochrome b₅-reductase and cytochrome b₅ to cytochrome P450. In particular, the activity of NADH-cytochrome b₅-reductase and the rate of reduction of cytochrome b₅ were elevated with a simultaneous decrease in its content. Both ω -3 PUFAs and vitamin D₃ administration to tumor-bearing rats for 42 days (28 days of preliminary administration and 14 days of tumor growth) normalized the oxygenase activity of MOS, increasing NADPH-cytochrome P450-reductase, N-demethylase and p-hydroxylase activity of cytochrome P450 and blocking cytochrome P450 inactivation rate in the microsomal fraction of the liver. Administration of ω -3 PUFAs in combination with vitamin D₃ led to the synergy. Changes in the activity of the components of the reductase chain of MOS in liver of tumor-bearing rats were observed mainly after ω -3 PUFAs supplementation. The content of cytochrome b₅ increased and the rate of its reduction was significantly diminished. In the absence of a pronounced individual effect of vitamin D₃ on the reductase chain of MOS, its co-administration with ω -3 PUFA was also found to be ineffective.

Key words: ω -3 polyunsaturated fatty acids, vitamin D₃, cytochrome P450, NADPH-cytochrome P450-reductase, cytochrome b₅, NADH-cytochrome b₅-reductase, microsomal fraction, liver.

The susceptibility of transformed malignized cells to the action of cytostatics is largely determined by the functional efficacy of the enzymatic systems of detoxification both in the tumor itself and in the surrounding tissues. The mechanism of intracellular oxidative modification of exogenous and endogenous compounds is directly related to the activity of cytochrome P450 (CYP)-containing oxygenase system (monooxygenase system – MOS) of the endoplasmic reticulum (ER), which metabolizes not only xenobiotics, but also natural substrates,

including polyunsaturated fatty acids (PUFAs) and vitamin D₃ [1, 2].

Liver CYP-hydroxylation system is involved in the metabolism of PUFAs, which oxidation leads to the formation of hydroxylated and epoxy derivatives of fatty acids. The resulting oxygenated PUFAs derivatives can affect the proliferation of cells in different ways, since the spectrum of these metabolites depends on the structural features of the ω -3 and ω -6 PUFAs consumed. The hydroxyecosatetraenoic (HETE) and epoxyecosatrienoic (EET) acids

derived from arachidonic acid (ω -6 PUFA) stimulate cell proliferation and promote carcinogenesis [3], while epoxyeicosatetraenoic (EEQ) and epoxydocosapentaenoic (EDP) acids, eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA) derivatives (ω -3 PUFA), respectively, exhibit anticarcinogenic properties [4].

Since vitamin D possesses immunomodulatory, anti-inflammatory effects and can activate differentiation and inhibit cellular proliferation, its insufficiency in the body causes the development of chronic autoimmune, cardiovascular, inflammatory, allergic diseases and bone pathologies (osteoporosis, osteomalacia). Vitamin D bioavailability might be of particular importance for preventing neoplastic transformation of cells and the progression of cancer [5]. The metabolism of vitamin D in the body is provided by the functioning of a number of CYP isoforms (CYP2R1, CYP27A1, CYP27B1) [6], which ensure the formation of active metabolites (25OHD, 1,25 (OH)₂D). Inactivation of the latter is mediated by the action of catabolic CYP – CYP24A1 [7]. The microsomal isoforms of hepatic vitamin D 25-hydroxylase (CYP2R1, CYP27A1/2) are considered to be regulatory enzymes that actively function at physiological concentrations of vitamin D and are inhibited by the reaction product – 25OHD [8].

In addition to the known molecular mechanisms of the antitumor effect of ω -3 PUFAs and vitamin D₃ (cholecalciferol), the influence of these lipophilic nutrients on the functional state of CYP-hydroxylation system of the liver with developing malignant process remains unclear.

The purpose of the study was to elucidate the effects of separate and combined action of ω -3 PUFAs and vitamin D₃ on the function of liver microsomal CYP-hydroxylation system in rats with transplanted Guerin's carcinoma.

Materials and Methods

All studies were carried out on white female rats weighing 90-110 g. The animals were kept on a standard balanced diet.

As a model of malignant neoplasm, Guerin's carcinoma was used. Carcinoma transplantation was performed by subcutaneous injection of 0.5 ml of a 30% saline suspension of cancer cells to the upper thigh of the right rat limb according to the described procedure [9]. Animal experiments were conducted in accordance with the International conventions of animal protection and the requirements of the Di-

rective 86/609/EEC on animal used for experimental purposes.

The animals were divided into the following groups: I – control (intact animals) II – rats with transplanted Guerin's carcinoma; III – tumor-bearing rats daily administered with ω -3 PUFAs (120 mg/kg body weight, *per os*) in the form of the commercial drug Vitrum Cardio Omega-3 (manufactured by Unipharm, Inc., USA); IV – tumor-bearing rats daily supplemented with vitamin D₃ in the form of oil suspension (600 IU/kg body weight, *per os*); V – tumor-bearing rats, which were administered with ω -3 PUFAs in combination with vitamin D₃ in the indicated doses.

ω -3 PUFAs, in particular eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA) and vitamin D₃, were pre-administered for 28 days before the transplantation of Guerin's carcinoma and after the transplantation for the entire period of tumor growth (14 days).

Decapitation of animals was carried out under light ether anesthesia on the 14th day of carcinoma growth, which corresponds to the logarithmic phase of tumor growth.

The microsomal fraction was obtained from rat liver by differential centrifugation [10]. In the suspension of the microsomal fraction, the enzymatic activities of the components of the MOS oxygenase chain – NADPH-CYP-reductase activity, p-hydroxylase and N-demethylase activity of CYP were studied [11]. The hydroxylase activity of CYP was determined by the rate of hydroxylation of aniline estimated by the amount of 4-aminophenol formed, which in the presence of sodium carbonate forms a blue indophenol complex with phenol. The N-demethylase activity of CYP was detected by the amount of formaldehyde formed as the result of dimethylaniline demethylation [11]. The rate of transition of microsomal CYP to its inactive form P420 was recorded from differential absorption spectra of reduced carboxycomplexes of hemoproteins at 420 nm and 450 nm measured every 3 min and expressed as $\Delta A_{420-450}$ per nmol of CYP [12]. The CYP content was assayed by the method described by Omura and Sato [13].

The functional state of the reductase chain of MOS was assessed by NADH-cytochrome *b*₅-reductase activity, by the content and rate of reduction of cytochrome *b*₅ in its redox transformations [11]. The recovery rate of cytochrome *b*₅ is recorded with a differential absorption spectrum at a wavelength of

424 nm and 475 nm every 30 sec and expressed as $\Delta A_{424-475}$ per mg of protein. The protein content in the samples was determined by the Lowry protein assay [14]. The results were processed by the variational statistics method using Student's *t*-test.

Results and Discussion

Our results have shown that at 14th day of Guerin' carcinoma development the hydroxylase activity of CYP decreased in the microsomal fraction of the liver of tumor-bearing rats (Fig. 1). A comparative analysis of the hydroxylation of type I and II substrates suggested that the hydroxylation of type I substrates (dimethylaniline to formaldehyde) was reduced to a greater extent. CYP N-demethylase and p-hydroxylase activities (hydroxylation of aniline, substrate type II with the formation of 4-aminophenol) decreased 2.6- and 1.5-fold respectively (Fig. 1, A and B). The difference in the rate of hydroxylation of type I and II substrates can be associated with impairments in the lipid bilayer of the liver ER during intensive tumor growth [15]. It is known that type I substrates interact with the hydrophobic region of apoenzyme CYP, which activity strongly depends on the alterations of membrane viscosity [16]. Under conditions of tumor growth, the initiation of lipid peroxidation (LPO) processes in liver ER membranes can lead to disruption of the phospholipid bilayer and, as a consequence, to changes in the structural and functional conformation of membrane-associated CYP. As one of the in-

dices of conformational changes in CYP, we found an increase in the rate of the formation of its inactive form – cytochrome P420 (Fig. 2).

It is known that the microsomal isoform of liver vitamin D 25-hydroxylase catalyzes the first stages of cholecalciferol hydroxylation in the 25th position to produce 25-hydroxyvitamin D – the main transport and cumulative form of vitamin D. The rate of this process in the liver largely depends on the structure of the phospholipid bilayer of ER, in which the components of the hydroxylating system are localized [8]. ω -3 PUFAs stabilize the architecture of membrane lipids and, thereby, ensure the optimal structural and functional conformation of the MOS components as integral membrane-associated enzyme complexes within different regions of ER [17]. Given aforementioned and that ω -3 PUFAs and vitamin D can participate in the regulation of the life cycle of tumor cells, reducing proliferation, metastasis formation and increasing the apoptotic death of transformed cells [18], it was advisable to test their separate and combined effects in the liver of tumor-bearing rats.

Study of the effect of lipophilic nutrients on the CYP hydroxylase activity showed that the separate administration of ω -3 PUFAs and vitamin D₃ substantially normalizes the hydroxylase activity of MOS. N-demethylase (Fig. 1, A) and p-hydroxylase (Fig. 1, B) activities of CYP were found to be increased in the microsomal fraction of the liver of tumor-bearing rats. Effect of ω -3 PUFAs on these

Fig. 1. The effects of ω -3 polyunsaturated fatty acids and vitamin D₃ on N-demethylase (A) and p-hydroxylase (B) activity of CYP in the liver microsomal fraction of tumor-bearing rats: C – intact animals; TB – tumor-bearing rats in the period of intensive growth of the Guerin's carcinoma; TB+ ω -3 – tumor-bearing rats that were administered with ω -3 PUFAs; TB+D₃ – tumor-bearing rats that were administered with vitamin D₃; TB+ ω -3+D₃ – tumor-bearing rats that were administered with ω -3 PUFAs and vitamin D₃; *statistically significant difference vs. control ($P \leq 0.05$); #statistically significant difference vs. tumor-bearing rats ($P \leq 0.05$)

activities was more pronounced than that of vitamin D₃. At the same time, the rate of formation of the inactive form of cytochrome P420 was decreased (Fig. 2).

The correcting effect of ω -3 PUFAs on the hydroxylase activity of CYP in the microsomal fraction of rat liver with transplanted Guerin's carcinoma can be explained by activation of the antioxidant defense system, probably, due to stabilization of ER membrane structures. On the other hand, ω -3 PUFAs are known precursors of oxygenated metabolites formed in the CYP-dependent pathway, involving CYP isoforms from the family 2 (CYP2C8, CYP2E1), which may exhibit a protective effect on ER membrane structures [19, 20].

The increase in the hydroxylase activity of CYP in the liver microsomes of tumor-bearing rats administered with vitamin D₃ can be attributable to the action of CYP2R1 isoform, which is an inducible enzyme and is synthesized in response to

Fig. 2. The effects of ω -3 polyunsaturated fatty acids and vitamin D₃ on the rate of CYP inactivation accompanied by the formation of P420 in the liver microsomal fraction of tumor-bearing rats: 1 – intact animals; 2 – tumor-bearing rats in the period of intensive growth of the Guerin's carcinoma; 3 – tumor-bearing rats that received ω -3 PUFAs before and after transplantation of Guerin's carcinoma; 4 – tumor-bearing rats that were administered with vitamin D₃ before and after transplantation of Guerin's carcinoma; 5 – tumor-bearing rats that were administered with ω -3 PUFA and vitamin D₃ before and after transplantation of Guerin carcinoma; * statistically significant difference vs. control ($P \leq 0.05$); #statistically significant difference vs. tumor-bearing rats ($P \leq 0.05$)

increased contents of the substrate – cholecalciferol. It is known that transcriptional regulation of gene expression of vitamin D hydroxylating enzymes is carried out by the hormonally active form of vitamin D – 1,25(OH)₂D [8].

Combined administration of ω -3 PUFAs and vitamin D₃ resulted in mutually enhancing effect as changes in the N-demethylase and p-hydroxylase activity of CYP were more pronounced than after their separate application (Fig. 1).

The intensity of the process of hydroxylation of substrates by CYP is largely determined by the activity of NADPH-CYP-reductase and cytochrome b₅, which are redox partners in electron transferring at the second (NADPH-CYP-reductase) and the fifth (NADPH-CYP-reductase or cytochrome b₅) stages of the monooxygenase cycle [17]. Our data indicate a decrease in the activity of NADPH-CYP-reductase in rat liver microsomal fraction during the intensive growth of the Guerin's carcinoma (Fig. 3). This might cause a delay in the transfer of electrons from this flavoprotein to CYP and induce a decrease in the hydroxylase activity of CYP (Fig. 1).

Fig. 3. The activity of NADPH-CYP-reductase in the liver microsomal fraction of tumor-bearing rats and: effects of ω -3 polyunsaturated fatty acids and vitamin D₃ treatment: C – intact animals; TB – tumor-bearing rats in the period of intensive growth of the Guerin's carcinoma; TB+ ω -3 – tumor-bearing rats that were administered with ω -3 PUFAs; TB+D₃ – tumor-bearing rats that were administered with vitamin D₃; TB+ ω -3+D₃ – tumor-bearing rats that were administered with ω -3 PUFAs and vitamin D₃; *statistically significant difference vs. control ($P \leq 0.05$); #statistically significant difference vs. tumor-bearing rats ($P \leq 0.05$)

Fig. 4. Cytochrome b_5 content in the liver microsomal fraction of tumor-bearing rats: effects of ω -3 polyunsaturated fatty acids and vitamin D₃ treatment: C – intact animals; TB – tumor-bearing rats in the period of intensive growth of the Guerin's carcinoma; TB+ ω -3 – tumor-bearing rats that were administered with ω -3 PUFAs; TB+D₃ – tumor-bearing rats that were administered with vitamin D₃; TB+ ω -3+D₃ – tumor-bearing rats that were administered with ω -3 PUFAs and vitamin D₃; *statistically significant difference vs. control ($P \leq 0.05$); #statistically significant difference vs. tumor-bearing rats ($P \leq 0.05$)

Both separate and, especially, combined supplementation of ω -3 PUFAs and vitamin D₃ led to the rise of NADPH-CYP-reductase activity in the microsomal fraction of the liver. The activation mechanism can be related to the ability of PUFAs to incorporate into membrane phospholipids, which may lead to the changes in the membrane composition of ω -6 PUFAs. In addition, enhanced synthesis of the hormonally active form of vitamin D₃ can occur that may contribute to the activation of membrane protein-receptors. 1,25(OH)₂D has the ability to reduce the intracellular level of calcium and the expression of the inducible form of NO synthase, accompanied by a decrease in the formation of peroxynitrite (ONOO⁻), monoxide and nitrogen dioxide (NO[•], NO₂[•]) in cells. At the same time, vitamin D stimulates the expression of cellular γ -glutamyl transpeptidase and activates the glutathione-dependent antioxidant defense system [18]. Thus, the combined administration of ω -3 PUFAs and vitamin D₃ is accompanied by an increase in the activity of the components of the MOS oxygenase chain compared to those of tumor-bearing rats that did not receive the lipophilic nutrients.

An important role in the regulation of the CYP monooxygenase cycle is played by the components of the MOS reductase chain, which transfer electrons from the reduced NADH via NADH-cytochrome b_5 -reductase and cytochrome b_5 to CYP [21].

Guerin's carcinoma growth was shown to be accompanied by a decrease in cytochrome b_5 content (Fig. 4) with simultaneous increase in NADH-cytochrome b_5 -reductase activity (Fig. 5) in the liver microsomal fraction. It should be noted that a decrease in the content of cytochrome b_5 can, at least partially, be compensated by an increase in the rate of its redox transformations (Fig. 6). Accordingly, the activation of electron transfer in the reductase chain of the monooxygenase system can enhance the formation of superoxide radicals as a key event in the CYP monooxygenase cycle.

While unchanging the activity of NADH-cytochrome b_5 -reductase, long-term administration of ω -3 PUFAs exerted a pronounced effect on other components of the MOS reductase chain (Fig. 5). In particular, the content of cytochrome b_5 (Fig. 4) increased and the rate of its reduction was significantly diminished (Fig. 6). Regulatory influence of

Fig. 5. The activity of NADH-cytochrome b_5 -reductase in the liver microsomal fraction of tumor-bearing rats: effects of ω -3 polyunsaturated fatty acids and vitamin D₃ treatment: C – intact animals; TB – tumor-bearing rats in the period of intensive growth of the Guerin's carcinoma; TB+ ω -3 – tumor-bearing rats that were administered with ω -3 PUFAs; TB+D₃ – tumor-bearing rats that were administered with vitamin D₃; TB+ ω -3+D₃ – tumor-bearing rats that were administered with ω -3 PUFAs and vitamin D₃; *statistically significant difference vs. control ($P \leq 0.05$); #statistically significant difference vs. tumor-bearing rats ($P \leq 0.05$)

Fig. 6. The effects of ω -3 polyunsaturated fatty acids and vitamin D_3 administration on the rate of cytochrome b_5 reduction in the liver microsomal fraction of tumor-bearing rats by the action of ω -3 polyunsaturated fatty acids and vitamin D_3 : 1 – intact animals; 2 – tumor-bearing rats in the period of intensive growth of the Guerin's carcinoma; 3 – tumor-bearing rats that received ω -3 PUFAs before and after transplantation of Guerin's carcinoma; 4 – tumor-bearing rats that were administered with vitamin D_3 before and after transplantation of Guerin's carcinoma; 5 – tumor-bearing rats that were administered with ω -3 PUFA and vitamin D_3 before and after transplantation of Guerin carcinoma; *statistically significant difference vs. control ($P \leq 0.05$); #statistically significant difference vs. tumor-bearing rats ($P \leq 0.05$)

polyunsaturated fatty acids on the components of MOS can be achieved through changes in the expression of certain transcription factors, in particular PPAR (peroxisome proliferator-activated receptor). It has been recently shown that ω -3 PUFAs activate PPAR α . Such activation is capable of inducing the expression of enzymes involved in microsomal oxidation of fatty acids [22]. At the same time, ω -3 PUFAs can influence CYP at the post-translational level directly interacting with the active center of the enzyme and stabilizing its molecule. For this reason, ω -3 PUFAs are considered as effective alternative substrates in the pathways of CYP-dependent metabolism in liver cells [23].

In tumor-bearing rats, that received vitamin D_3 , there was no significant effect on the components of the reductase chain of MOS. Combined supplementation of ω -3 PUFAs and vitamin D_3 had no addi-

tive effect as compared with the monotherapy of ω -3 PUFAs.

The obtained results suggest that both ω -3 PUFAs and vitamin D_3 , and especially their combination, exerted a pronounced correcting effect on the components of MOS oxygenase and reductase chains in the liver of tumor-bearing rats during the intensive growth of Guerin's carcinoma. The mechanism of such action of investigated lipophilic nutrients can be mediated by active (oxygenated) metabolites of ω -3 PUFAs (EEQ, EDP, resolvin D1) and genomic effects of the hormonally active form of vitamin D_3 – $1,25(OH)_2D_3$.

ЦИТОХРОМ P450-ГІДРОКСИЛОВАЛЬНА СИСТЕМА ПЕЧІНКИ ЩУРІВ-ПУХЛИНОНОСІВ ЗА ВВЕДЕННЯ ω -3 ПОЛІЕНАСИЧЕНИХ ЖИРНИХ КИСЛОТ ТА ВІТАМІНУ D_3

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У роботі досліджено вплив роздільної та сумісної дії омега-3 поліненасичених жирних кислот (ω -3 ПНЖК) і вітаміну D_3 на активність компонентів оксигеназного та редуказного ланцюгів монооксигеназної системи (МОС) мікросомної фракції печінки щурів із трансплантованою карциномою Герена. У печінці щурів-пухлиноносців у період інтенсивного росту пухлини (14 діб, що відповідає логарифмічній фазі росту пухлини) послаблювалась функціональна активність оксигеназного ланцюга МОС: знижувалась активність N-деметилази, п-гідроксилази та NADPH-цитохром P450-редуктази з одночасним зростанням швидкості інактивації цитохрому P450 за рахунок його перетворення у неактивну форму – цитохром P420. Натомість посилювалась функціональна активність редуказного ланцюга МОС, компоненти якого передають електрони від відновленого NADH через NADH-цитохром b_5 -редуктазу та цитохром b_5 на цитохром P450. Зокрема, зростала активність NADH-цитохром b_5 -редуктази та посилювалась

швидкість відновлення цитохрому b_5 з одночасним зменшенням його вмісту. ω -3 ПНЖК та вітамін D_3 за їх роздільного введення щурам-пухлиноносцям впродовж 42 діб (28 діб попереднього введення та 14 діб росту пухлини) значною мірою нормалізували оксигеназну активність МОС: відмічалось підвищення NADPH-цитохром P450-редуктазної, N-деметилазної, п-гідроксилазної активності цитохрому P450 та гальмування швидкості інактивації цитохрому P450 в мікросомній фракції печінки. За поєданого введення ω -3 ПНЖК та вітаміну D_3 мав місце їх синергізм. Зміни в активності компонентів редуктазного ланцюга МОС у печінці щурів-пухлиноносців спостерігались переважно за введення ω -3 ПНЖК. Підвищувався вміст цитохрому b_5 та значно знижувалась швидкість його відновлення. За відсутності вираженої індивідуальної дії на редуктазний ланцюг МОС вітаміну D_3 сумісне його введення з ω -3 ПНЖК також не посилювало дію останніх.

Ключові слова: ω -3 поліненасичені жирні кислоти, вітамін D_3 , цитохром P450, NADPH-цитохром P450-редуктаза, цитохром b_5 , NADH-цитохром b_5 -редуктаза, мікросомна фракція, печінка.

ЦИТОХРОМ P450-ГИДРОКСИЛИРУЮЩАЯ СИСТЕМА ПЕЧЕНИ КРЫС-ОПУХОЛЕНОСИТЕЛЕЙ ПРИ ВВЕДЕНИИ ω -3 ПОЛИНЕНАСЫЩЕННЫХ ЖИРНЫХ КИСЛОТ И ВИТАМИНА D_3

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В работе исследовано влияние раздельного и совместного действия омега-3 полиненасыщенных жирных кислот (ω -3 ПНЖК) и витамина D_3 на активность компонентов оксигеназной и редуктазной цепей монооксигеназной системы (МОС) микросомной фракции печени крыс с трансплантированной карциномой Герена. В печени крыс-опухоленосителей в период ин-

тенсивного роста опухоли (14 суток, что соответствует логарифмической фазе роста опухоли) ослаблялась функциональная активность оксигеназной цепи МОС: снижалась активность N-деметилазы, п-гидроксилазы и NADPH-цитохром P450-редуктазы с одновременным повышением скорости инактивации цитохрома P450 за счет его конверсии в неактивную форму – цитохром P420. Вместо этого усиливалась функциональная активность редуктазной цепи МОС, компоненты которой передают электроны от восстановленного NADH через NADH-цитохром b_5 -редуктазу и цитохром b_5 на цитохром P450. В частности, повышалась активность NADH-цитохром b_5 -редуктазы и усиливалась скорость восстановления цитохрома b_5 с одновременным снижением его содержания. ω -3 ПНЖК и витамин D_3 при их раздельном введении крысам-опухоленосителям в течение 42 суток (28 суток предварительного введения и 14 суток роста опухоли) в значительной мере нормализовали оксигеназную активность МОС: отмечалось повышение NADPH-цитохром P450-редуктазной, N-деметилазной, п-гидроксилазной активности цитохрома P450 и торможение скорости инактивации цитохрома P450 в микросомной фракции печени. При совместном введении ω -3 ПНЖК и витамина D_3 имел место их синергизм. Изменения активности компонентов редуктазной цепи МОС в печени крыс-опухоленосителей наблюдались преимущественно при введении ω -3 ПНЖК. Кроме того, отмечено повышение содержания цитохрома b_5 и значительное снижение скорости его восстановления. При отсутствии выраженного индивидуального действия на редуктазную цепь МОС витамина D_3 совместное его введение с ω -3 ПНЖК также не было эффективным.

Ключевые слова: ω -3 полиненасыщенные жирные кислоты, витамин D_3 , цитохром P450, NADPH-цитохром P450-редуктаза, цитохром b_5 , NADH-цитохром b_5 -редуктаза, микросомальная фракция, печень.

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