THE REPLICATIVE CMG HELICASE:
THE IDEAL TARGET FOR CANCER THERAPY

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This review focuses on Cdc45-Mcm2-7-GINS (CMG) helicase which is a key component of the cellular replication machinery and a new promising target for cancer therapy. In normal cells, only a small proportion of helicases becomes activated through the step-wise acquisition of all necessary subunits during genome replication and a large quantity of reserve dormant helicases exist to replace inhibited helicases, making the normal cells insensitive to helicase inhibition. The collective evidence in the field shows that in contrast to normal cells, cancer cells have a significantly reduced pool of dormant helicases and might be vulnerable to CMG helicase inhibitors. Functional studies confirm that targeted inhibition of CMG helicase could be a strong and specific anticancer approach that ensures efficiency against a broad spectrum of cancers and limited adverse effects on normal cells. We anticipate that therapeutics that inhibit CMG helicase can be used not only as a stand-alone therapy but also as effective chemosensitizers in combination with other drugs, thus increasing their clinical application.

Cancer is the second leading cause of death having profound impact on humanity and the economy. There is a need to combat cancer with novel therapeutics that effectively eradicate cancer cells, while spare normal healthy cells. This review focuses on the CMG helicase as a new promising target for such treatment. The replicative CMG helicase is a key component of the cellular replication machinery. Active CMG helicase is comprised of 11 protein subunits, assembly of which occurs in a controlled stepwise manner. During replication of the genome, only a small proportion of available helicases become activated through the acquisition of all necessary subunits. Incomplete helicases remain dormant. Collective evidence suggests that normal cells possess a reserve of dormant helicases that can be activated to replace stalled helicases, thereby ensuring continuation of DNA replication. Contrary to normal cells, cancer cells' reserves of dormant helicases are dramatically reduced. Because of this, cancerous cells might be particularly sensitive to agents that affect helicase activity. We speculate that targeting CMG helicase represents a strong and specific anticancer approach that will have efficacy against a broad spectrum of tumors with limited or no adverse effect on normal cells.

Cancer: the Present State

Cancer is the second leading cause of death worldwide. In 2018, it was estimated that over 9.6 million people succumbed to this debilitating disease [1, 2]. The worldwide cancer incidence rates for 2018 are alarmingly high. Approximately 17 million new cases were documented for 2018 year alone [2]. In 2018, the Eastern Asian region reported the highest number of new cancer cases and cancer mortality rates, which were 5.6 million new cases, and 3.4 million deaths. Central and Eastern Europe and North America had incidence rates of 1.2 million and 2.4 million new cases, respectively, and mortality rates of 700,000 for both [3]. These raising cancer incidence and mortality rates have a considerable burden on economies and healthcare sectors. Indeed, the sum of the global economic burdens of cancer in 2010 was estimated to be over $1 trillion [4].

With cancer having far-reaching impacts on humanity and economy, the further advancement of cancer treatment is imperative. As of today, the conventional forms of cancer therapy include surgery, radiation, and chemotherapy, with immunotherapy quickly gaining a stand of a prominent treatment option [8-10]. Despite a significant improvement of available cancer treatment options, there is still a need for novel cancer therapies that eliminate cancerous cells, without interfering with non-cancerous cells. The purpose of this review is to consider the replicative CMG helicase as a target of a novel cancer therapy that exploits natural vulnerability of cancer cells.

CMG Helicase: Overview

DNA replication in the context of the cell cycle. DNA replication is a crucial step of the process of cell division. Initiation of DNA replication marks an irreversible commitment to the cell cycle, ultimate goal of which is to produce two daughter cells with complete and identical sets of chromosomes. DNA replication is initiated at numerous origins of replication spread throughout the cellular genome. Each origin is marked by a multi-protein complex, the origin recognition complex (ORC). Importantly, each origin becomes active only once per cell cycle to prevent re-replication of parts of the genome [11].

Progression to M phase with subsequent division of the cell occur only when DNA replication is accomplished. If replication of the entire genome cannot be achieved, the affected cell will not divide, but succumb to apoptosis. Indeed, targeting DNA replication is a staple of most cancer chemotherapies [12].

Components of CMG helicase and their functions. Helicases are the enzymes that utilize the energy of ATP hydrolysis to separate double-stranded DNA into single-stranded DNA. Helicases play pivotal roles in several key molecular processes related to the maintenance and metabolism of DNA, including DNA replication, DNA repair, DNA recombination, as well as telomere maintenance [13]. One particular class of helicases, the CMG helicase, is the focus of this review. The CMG helicases have an essential role in DNA replication being the only replicative helicases in all eukaryotes [13].

MCMs. The core of the CMG helicase is represented by a ring-like structures formed by six MCM proteins, specifically, MCM2, MCM3, MCM4, MCM5, MCM6, and MCM7 [13]. Originally iden-

tified as proteins essential to maintaining extra-chromosomal DNA in *Saccharomyces cerevisiae*, MCMs is a highly conserved family of proteins that is necessary for initiation and elongation of DNA replication in eukaryotes [14].

This protein family is a subtype of the AAA+ ATP-ase family [15]. ATP-hydrolysis and unwinding of DNA by the MCM ring relays on a cooperation between adjacent subunits. The AAA+ ATPase domain of each MCM associates with an arginine finger of the neighboring MCM subunit [16]. The hydrolysis of ATP induces conformational changes of internal loops protruded into the cavity of the MCM ring that plays a role in helicase translocation along DNA [17]. Importantly, the MCM ring alone cannot act as an active helicase, as it requires the binding of additional subunits, Cdc45 and GINS [18,19].

Cdc45. The MCM ring becomes an active helicase through association with Cdc45 and GINS, forming the CMG complex [18, 19]. The binding of Cdc45 acts as a tight regulatory point for the CMA activation and initiation of DNA replication. This association is facilitated by cyclin-dependent kinases and Dbf4-dependent kinase [20], and mediated by a chaperon-like function of Treslin [21].

Cdc45 is thought to act as a rate limiting factor in the formation of active CMG helicases, as the levels of this protein are low in comparison to other subunits [22]. Indeed, the over-expression of Cdc45 correlates with an increase in the number of activated replication foci and greater proliferation, reinforcing the idea that binding of Cdc45 is a rate limiting step in cell proliferation [22, 23].

GINS. The GINS complex is the second component required to bind to the MCM ring to form the active CMG replicative helicase. In eukaryotes, the GINS complex consists of Sld5, Psf1, Psf2, and Psf3 subunits [24]. Crystallization studies showed that the GINS complex forms a trapezoidal tetramer structure with a narrow cavity in the center [25-27].

Chromatin-association of the GINS complex is controlled by cyclin-dependent kinases [24] and executed by loading proteins Sld3 and Dpb11 [28]. As GINS does not have its own enzymatic activity, its role in the CMG helicase and the replisome as a whole is still unclear. Proposed functions for the GINS complex varies. GINS may be an integrative structural component of the replisome that stabilizes helicase or links helicase to other components of the replisome, such as DNA polymerase [24]. As GINS is known for its affinity toward single stranded DNA

[29], it also was speculated that it may represent the "cutting blade" of the helicase that physically separates the DNA double helix [30].

CMG Complex. After the joining of the MCM ring with Cdc45 and GINS, the active CMG helicase is formed. It is thought that the CMG complex is conserved not only among eukaryotes but also among archaea due to identification of MCM, GINS, and Cdc45 homologs [31].

The mechanism of DNA unwinding by the CMG helicase is still debatable. According to a "lagging-strand DNA extrusion model", the MCM ring of the helicase encircles only the leading strand of DNA, while the lagging strand is being extruded during the progression of the helicase [32]. In support of this model, it was shown that the central channel of the MCM ring is obstructed by an internal protrusion from the MCM5 subunit, reducing its diameter to a size that cannot accommodate double stranded DNA [33].

An "internal unwinding model" claims that during progression of the CMG helicase, the double stranded DNA enters the helicase and the unwinding occurs internally in the central cavity [34]. At least partially, this model is supported by Cryo electronic microscopy images that show double stranded DNA within the central channel of CMG helicase [35]. According to this model, the lagging chain could be excluded through a side opening between MCM2 and MCM6 subunits, or disgorged back through the central channel [34]. Recent elaborations of this model showed that the frontal N-terminal side of the CMG helicase can be subdivided into two structural and functional sub-units: the zinc finger ring that allows double-stranded DNA in and the oligosaccharide/oligonucleotide-binding ring that diverts lagging single-stranded DNA sideway through a diversion tunnel formed by hairpin-loops of MCM3, 4, 6, and 7 [36].

Assembly of CMG helicase. Chromatin loading and assembly of CMG helicases are central for the initiation of DNA replication. It is a complex process that involves three main steps (Fig. 1). First, the heterohexameric origin-recognition complex ORC binds to DNA to mark future sites of replication initiation [11]. Throughout the G1 phase of the cell cycle, the ORC complexes engage with two accessory proteins Cdc6 and Cdt1, both of which are required for recruitment of the MCM ring to the chromatin [37]. Loading of the MCM ring into chromatin is an energy-dependent process that requires ATP

hydrolysis. Indeed, proteins comprising the ORC complex contain classical AAA+ domains, and two of them, Orc2 and Orc5, are shown to bind ATP [38]. Similar to these ORC subunits, Cdc6 also contains an AAA+ domain [39]. It is suggested that ATP hydrolysis by ORC, Cdc6, and the MCM ring itself is involved in the loading of helicase to chromatin [40].

Loading of helicase to replication origins requires opening and closing of the MCM ring for DNA to enter the central channel of the complex. Structural and functional studies support the model in which the junction between MCM2 and MCM5 subunits represents a closing/opening gate of the MCM ring [41,42]. It is proposed that binding of Cdt1 opens the Mcm2/5 gate, while Cdc6-mediated ATP hydrolysis dislodges Cdt1 from MCM, resulting in its closure [43]. Once loaded, MCM2-7 forms "head-to-head" double-hexameric pairs encircling double stranded DNA [44] (Fig. 1).

To prevent re-replication of DNA, MCM loading onto chromatin is limited only to G1 phase. This rigid control of loading is called "licensing". It functions – at least partially – through cyclin-depended kinases, phosphorylation by which leads to destruction of the MCM-loading protein Cdc6, whereby ensuring that the loading happens only once per cell cycle [42].

By the end of G1, the number of MCM rings bound to DNA reaches its maximum level, which exceeds the amount required for a complete genome replication by several folds [23]. These loaded MCM rings do not contain Cdc45 and GINS subunits necessary to establish active helicases, and thus, are considered dormant. In fact, the majority of licensed MCM rings remain dormant and unused, and are utilized only as backups if nearby active helicase are disabled. This ensures continuation of DNA replication and acts as a safeguard against under-replication of DNA [45, 46].

At the G1/S traverse and during the S phase, CDC7 and CDK kinases phosphorylate a small percentage of dormant MCMs to facilitate their association with GINS and Cdc45 and formation of active CMG helicases [47, 48]. By the end of the S phase, the remainder of DNA-bound dormant MCM helicases is most likely removed by progressing replication forks. Upon the termination of replication, active CMG helicase complexes are unloaded from DNA at converging replication forks [49]. This could be regulated by a Cdc48-dependent poly-ubiquitylation of MCM7, which was revealed in recent studies of *Xenopus* extracts and budding yeast [50, 51].
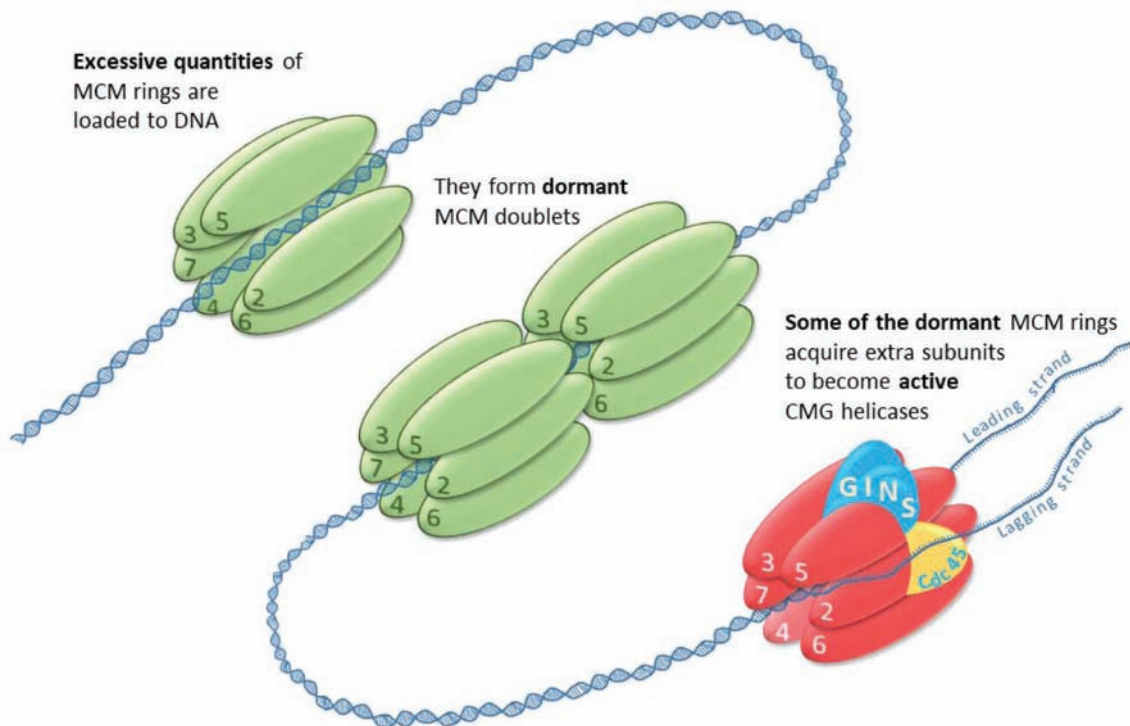
Fig. 1. Step-wise assembly of active CMG complex

Targeting CMG helicase

Evidence for helicase backup. It is estimated that somatic cells load 4 to 10 MCM hexamers per each replicon [24,53,54]. Assuming that only two of MCM rings are actively utilized during DNA replication, the rest of the loaded MCM rings represents a several fold excess of dormant helicases [24,53,54].

Several functional studies that utilized tissue culture cells or the cell-free system of Xenopus laevis egg extracts confirmed the presence of a backup of dormant helicases that can be activated to compensate for loss of helicase activity in stalled replicative forks. In one such study, the amounts of chromatin-loaded MCMs were artificially manipulated in *Xenopus* egg extracts to establish either "maximally licensed" or "minimally licensed" chromatin. "Maximally licensed" extracts had 10-20 MCMs loaded within each replicon (which is normal for embryonic cells that this system represents). "Minimally licensed" extracts were loaded in the presence of geminin, a Cdt1 inhibitor, making the amount of MCMs bound to DNA limited to the minimum required to maintain a normal replication. No significant differences in the kinetics of DNA replication were observed between minimally and maximally licensed extracts [52]. It was concluded that DNA replication can be accomplished by utilization of a small portion of available MCMs [52]. To evaluate a role of the large quantities of unused MCMs, this cell-free model was subjected to replicative stress with low concentrations of different DNA polymerase inhibitors. It was shown that *Xenopus* egg extracts with maximally loaded MCMs were able to completely rescue DNA replication, whereas extracts with minimally licensed MCMs failed to continue DNA synthesis [52]. This suggests that excess of MCMs provides a reserve of helicases that can be utilized to rescue stalled DNA replication.

Similar conclusions were reached in a different study with human cultured cells. By using siRNA against the MCM5 subunit of the helicase, the authors manipulated with the levels of loaded MCM complexes. It was shown that cells with reduced levels of MCM5 displayed a normal progression through DNA replication. Importantly, when treated with low levels of replication inhibitors, cells with reduced levels of MCM5 failed to maintain normal replication rates. It was concluded that excess of loaded MCMs represents dormant helicases that can be activated under conditions of replicative stress to continue DNA replication and insure entirety of genome replication [53].

Another study utilized a similar experimental approach, but targeted different subunits of the helicase, MCM2 and MCM3 [54]. The authors showed that even a very significant (up to 90%) reduction in the MCMs levels did not prevent cells from a successful DNA replication and proliferation. However, the cells with reduced MCM levels could not cope with DNA stress induced by replicative inhibitors, such as aphidocolin and hydroxyurea [54].

The role of MCM reserve was also evaluated by utilizing mouse fibroblasts with genetically altered MCM3 that renders instability to the whole MCM rings and, whereby, reducing the levels of chromatin-loaded helicases. Consistently with the model of the MCM dormant reserve, it was shown that when the levels of MCM on chromatin are reduced, cells had more stalled replicative forks and did not complete DNA replication prior to mitosis [55].

Reduction in Helicase Activity as a Therapeutic Approach toward Cancer

Reduction of MCMs/CMG levels reduces viability of cancer cells, but not normal cells. Research performed in different laboratories points that compared to normal cells, cancer cells possess a reduced reserve of dormant helicases. Without this reserve, cancer cells that subjected to further reduction in the levels of loaded helicases could not complete DNA replication, become arrested in S phase, and undergo apoptosis [56-59]. One such study showed that overexpression of a non-degradable Geminin, an inhibitor of Cdt1, the protein involved in MCM loading, reduced loading of MCMs, and induced a prolonged S phase arrest and apoptosis in osteosarcoma, lung, and breast cancer cell lines. In contrast, IMR90 primary fibroblasts displayed a G1 arrest and no apoptosis under the same conditions. Therefore, normal cells are able to tolerate a reduction in relicensing of helicases, while cancer cells are vulnerable to such perturbation and undergo apoptosis [56].

Another study utilized siRNA knockdown of Cdc6 and ORC2, proteins intimately involved in chromatin loading of MCM rings. It was shown that reduction in the levels of loaded MCMs, caused by depletion of Cdc6 or ORC2, induced the S phase arrest with subsequent recovery in normal human epithelial and fibroblasts cells, while led to aberrant DNA replication and cell death in colorectal, lung, breast, and cervical cancer cells [57]. Consistent results were obtained by a different group that utilized siRNA against ORC1. They showed that the ORC1

deficiency – that must lead to a reduction in helicase loading – induced death of osteosarcoma cancer cells, while it was tolerable by normal fibroblasts [58].

A decrease in DNA replication and viability of lung and bladder cancer cells were also observed after siRNA-mediated reduction in the MCM7 levels. Once again, non-cancer cell lines were not affected [59]. Cumulatively, these results highlight the weakness of helicase function in cancer cells: artificial reduction in helicase loading, which is tolerable by normal cells, leads to a dramatic decrease in survival of cancer cells. This natural phenomenon could be exploited as a novel chemotherapeutic approach in treating cancer (Fig. 2).

Reduction of CMG helicase activity as a chemosensitization approach. A number of reports described above showed that a subliminal reduction in MCM loading becomes lethal to cancerous cells when it is combined with an exposure to low doses of replicative inhibitors [53, 54, 57-59]. These highlighted an additional potential therapeutic application of helicase inhibitors: aside from being used as a stand-alone therapy, they also could be chemosensitizing agents that are combined with other drugs to enhance their tolerance and clinical effect. The main limitation of these studies is that they utilized replicative drugs that are not used in clinic, namely, aphidocolin, a DNA polymerase inhibitor, and hydroxyurea, an inhibitor of ribonucleotide reductase.

By studying compounds approved for cancer therapy, two other reports provided a direct support to the concept of helicase inhibitors as chemosensitizing agents. In one report, the levels of MCM4 and MCM7 in pancreatic and colorectal cancer cells were reduced by siRNA treatment. After that, the cells were treated with low concentrations of chemotherapeutic drugs, gemcitabine or 5-fluorouracil [60]. The authors reported that a 30% reduction in MCM levels did not affect the cancer cells. However, it increased cytotoxicity of gemcitabine and 5-fluorouracil in comparison to exposure to the drugs alone [60]. Similar results were obtained by a different group that reported a chemisensitization of osteosarcoma cells to camptothecin after a subliminal reduction in the MCM5 levels [53]. Importantly, it was shown that an equivalent siRNA treatment of normal keratinocytes HaCat calls did not induce chemosensitization toward gentamicine [60]. It was proposed that – as cancer cells already possess a reduced reserve of dormant helicases – any
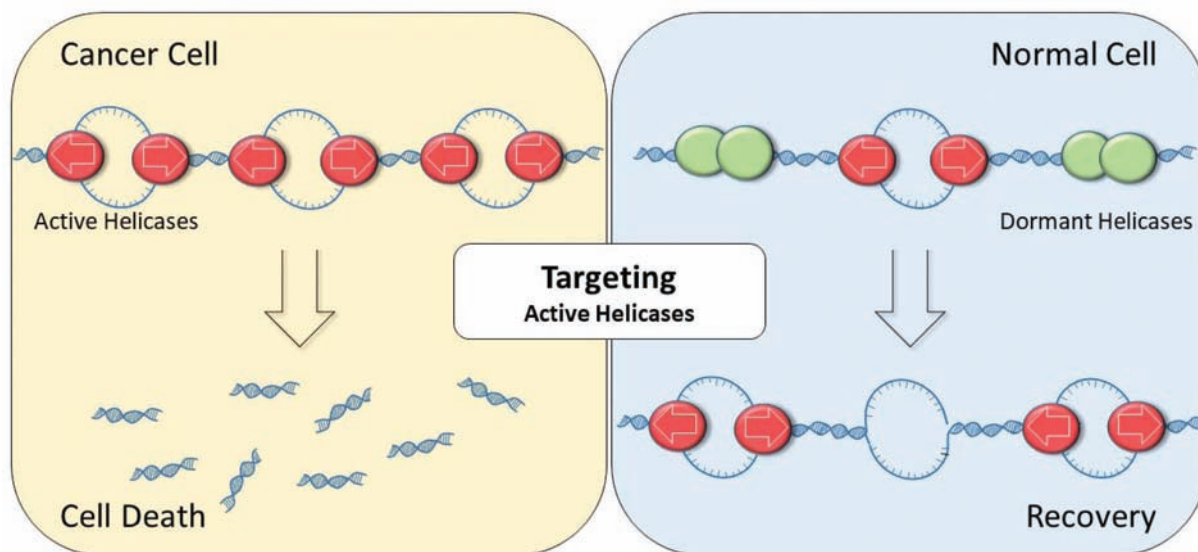
Fig. 2. The lack of dormant helicase reserves predisposes sensitivity of cancer cells to CMG helicase inhibitors

further reduction in helicase loading might severely compromise the capacity of cancer cells to sustain challenged DNA replication. Normal cells – having a much more abundant helicase reserve – can afford its partial depletion and still support DNA replication with remaining helicases.

Small molecules that target MCMs/CMG. As the MCMs are key players in the DNA replication and cellular reproduction, targeting them in cancer treatments became a topic of research interest. The molecules scrutinized for such purposes include Genistein, Trichostatin A, Widdrol, Metformin, BETi, Breviscapine, which downregulate expression of the MCM proteins, as well as Heliquinomycin and Ciprofloxacin, which might directly affect the helicase activity.

Genistein and Trichostatin A, either alone or in conjunction, were shown to lower the levels of expression of all MCM gene family members [61, 62]. As a result, treating cells with these inhibitors halts the replication process. It was proposed that Genistein and Trichostatin A affect expression of MCM subunits indirectly by downregulating signaling pathways, such as JNC [62], CDK2, CDC7, and CDT1 [61]. Trichostatin A is a histone deacetylase (HDAC) inhibitor that is able to halt the cell cycle, induce apoptosis, and cease metastasis [61]. While Trichostatin A was found to successfully alter expression of MCMs along with other 30 genes responsible for cell cycle control, it has been shown to be highly toxic [61]. Genistein, on the other hand,

is a naturally occurring nontoxic isoflavone. It also shows promise as an inhibitor of cancer cell proliferation, but at a relatively high dose of 50 μM *in vitro* [61].

Widdrol is a sesquiterpene extracted from the Juniperus chinensis (Chinese Juniper) plant and commonly used in folk remedies to treat inflammation. Widdrol inhibits proliferation of cancer cells by affecting multiple signaling pathways, most notable decreasing the expression of CDK2 and its partner cyclin E, while increasing the expression of its inhibitor p21 [63]. Downstream of these events, Widdrol leads to a downregulation of expression of the MCM proteins [63].

Metformin is a biguanide that is approved for the management of type 2 diabetes. Aside from controlling the blood glucose levels, Metformin displayed anti-proliferative effects on cancer cells [64]. It was shown that Metformin targets the AMPK and NF-ƙB pathways with consecutive downregulation of expression of dozens genes involved in mitosis and DNA replication, including expression of the MCM proteins [64].

Bromodomain and Extra-Terminal inhibitors (BETi) act on bromodomain and extra-terminal of BET proteins, decreasing proliferation and inducing apoptosis of cancer cells [65]. Among many other targets, BETi were shown to downregulate MCM5 expression by affecting corresponding transcription-regulating BET proteins [65].

Breviscapine, also known as scutellarin, is a naturally occurring flavone often extracted from the Chinese daisy Erigeron breviscapus. It is used medicinally against cardiovascular disease. In cancer research, it was shown to have a cytotoxic and pro-apoptotic effect on prostate cancer cells as well as an inhibitory effect on expression of MCM7 [66].

Heliquinomycin is a Streptomyces derived antibiotic that was shown to inhibit cellular proliferation, DNA unwinding, and ATP-ase activity of human MCM 4/6/7 complex [67]. Based on administered dosage, it also inhibited DNA polymerase, DNA primase, and – to a lesser degree – other studied helicases, indicating that Heliquinomycin may affect a variety of DNA-associated enzymes. As MCM4/6/7 complex represents an artificial helicase composed of only MCM4, MCM6, and MCM7 subunits, it would be important to test this compound with a fully-assembled CMG helicase. In support of the helicase reserve model, Heliquinomycin displayed much higher inhibitory activity toward A549 and SBC5 lung cancer cells and SW780 bladder cancer cells, as compared to normal HLF-1 cells [59].

Ciprofloxacin is a fluoroquinolone and, like heliquinomycin, has an antibiotic activity. In *in vitro* studies, ciprofloxacin was shown to have similar inhibitory effects on MCM2-7 and MCM4/6/7 complexes as well as viral SV40 helicase [68]. A separate study revealed that Ciprofloxacin directly intercalates with DNA [69], implicating that its inhibition may be due to a disturbance of the DNA structure, but not a direct effect on the helicase. Consistent with this mechanism, other DNA-associated enzymes, specifically topoisomerases, are known to be inhibited by fluoroquinolones [70]. Because during DNA replication topoisomerases progress in front of helicases and replicative machinery, it is topoisomerase activity that must be the most affected by the present of Ciprofloxacin. Indeed, all cases of Ciprofloxacin-induced cytotoxicity toward cancer cells are attributed to the inhibition of type 2 DNA topoisomerases [71].

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РЕПЛІКАТИВНА CMG-ГЕЛІКАЗА: ІДЕАЛЬНА МІШЕНЬ ДЛЯ ТАРГЕТНОЇ ТЕРАПІЇ РАКУ

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Огляд присвячено Cdc45-Mcm2-7-GINS (CMG) гелікази, яка є важливою складовою реплікативного механізму і розглядається як нова перспективна мішень для таргетної терапії раку. У нормальних клітинах під час реплікації геному поступово, шляхом залучення необхідної кількості субодиниць, активується лише невелика частина геліказ, решта складають значний пул сплячих геліказ та можуть бути активовані у разі необхідності для заміщення геліказ із пригніченою активністю, завдяки чому нормальна клітина має стійкість до інгібіторів геліказ. Відомо, що на відміну від нормальних клітин ракові клітини мають значно менший пул сплячих геліказ і через це мають бути вразливішими до інгібіторів CMG-геліказ. Функціональні дослідження підтверджують, що таргетне пригнічення CMG-гелікази може стати специфічним терапевтичним підходом у подоланні широкого спектра онкологічних захворювань та у мінімізації побічних ефектів. Передбачається, що препарати спрямованої дії на CMG-геліказу можуть використовуватися не тільки для самостійної терапії, а й як хіміосенсибілізатори в поєднанні з іншими ліками для підвищення їх клінічного ефекту.

К л ю ч о в і   с л о в а: ракові клітини, реплікативна CMG-геліказа, сплячі гелікази, інгібітори гелікази.

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